



Take back your life and follow your dreams.

Group Therapy holidays for people with Parkinson's (PP) and their family (CG's)
From mountains to 5 lakes, **Discover Italy**

PP
CG

People With Parkinson
Caregiver, Assistant, friends, family

February to November

- ❖ All inclusive. (See price, discounts and details at bottom of proposal)
- ❖ An offer inspired by our results in combining advanced therapy, discovery, motivation and education in over 45 countries.
- ❖ All can be customised.
- ❖ Includes transfer from Bergamo airport (Ryanair Hub, 50 mins from Centre) or Brescia station.
- ❖ Recommended Arrival date: Sunday



What's in it for me!

- ❖ The heart of the trip is the **European Parkinson Therapy Centre**, With clients from over 45 countries. Not your normal centre but here you can experience our innovative therapeutic protocols in a positive environment.
- ❖ We want to show you another side of Parkinson's, full of energy, confidence, and lots of smiles.
- ❖ A trip to feel better **about yourself, your future**, your new start, and a memory to last forever.
- ❖ To gain knowledge to improve quality of life.

Sample programme

Customizable upon request



***Day 1** Sunday(for example)*

Arrival at Bergamo Airport

Private transfer to hotel

7:00 PM - Welcome dinner

***Day 2** - Monday*

08:00 AM - Breakfast

8,30 AM - Departure on foot from the hotel to our Therapy Center, 150 mts away.



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|-----|----------|---|
| | 9.00 | Introduction |
| PP | 9:30 AM | -Intensive Neurotherapy Session |
| CG | 9:30 AM | -Informal discussion with Alexander Reed, founder of the Center |
| ALL | 11:00 AM | - Pause |
| ALL | 11,15 | Guided meeting: "Living" with Alexander Reed |
| | 12:30 PM | - Return to hotel |

1:00 PM - Lunch

3:30 PM - Visit to the home made ice cream shop and the thermal park

7:00 PM - Dinner



Day 3 - Tuesday

08:00 - Breakfast

09:00 - Leave Hotel for
Centre

PP 09:30 - Neurotherapy

CG 09:30 - *The difficulties
of being a caregiver (part 1)*

11,00 - Break

TUTTI 11:15 - Nutritionist

"Food and recipes"

to help fight Parkinson's

12:15 - Back to Hotel

13:00 - Lunch

15:30 - Excursion to *Lake Moro*

17:30 - Return to Hotel

19:00 - Dinner



lake moro

Day 4 Wednesday

08:00 Breakfast

09:00 Leave Hotel for Centre

PP 09:30 - Neurotherapy
Parkinson

CG 09:30 *The difficulties of
being a caregiver (parte 2)*

11.00 Break

All 11:15 Music Therapy



12:15 - Return to Hotel
13:00 - Lunch
15:30 - *Excursion al borgo lacustre di Lovere*
18:30 - Bus returns
19:00 - Dinner

Day 5 - Thursday

08:00 Breakfast
09:00 Leave Hotel for Centre

lovere



PP 09:30

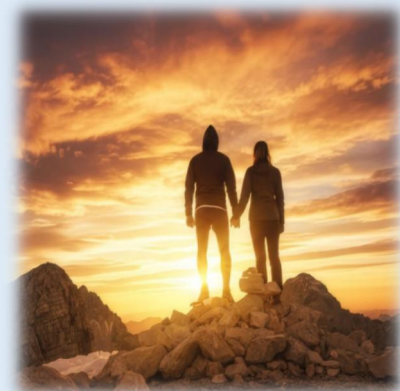
Neurotherapy Parkinson

CG 09:30 - Visit to local market

11,00 - Pausa / relax

PP 11:15 - Psychology

12,15 Back to Hotel



13:00 - Lunch

14,00 Free Time

19:00 - Dinner

Day 6 - Friday

08:00 Breakfast

09:00 Leave Hotel for Centre



PP 09:30 Neurotherapy Parkinson

CG 09:30 - Escursion to Pisogne

PP 11,00- Pause
PP 11,15 Managing Stress, Going Home tips
12:30 - Back to hotel

13:00 - Lunch
15,00 - Free Time
19:00 - Dinner

Day 7 - Saturday

08:00 - Breakfast
09:30 - **Full day Excursion to Lake Iseo and it's island of Monte Isola**
10:30 - Private Boat transfer
10,45- Free time to explore, take a coffee or visit the villages.
12:30 - Private boat transfer to lakeside restaurant
12:45 Lunch at restaurant (included)
15:00 - Return to Hotel by bus
18,00 Church (optional)
19:00 - Farewell dinner.



Day 8 - Sunday

08:00-Breakfast
XX Private transfer to departure point

Making Memories,
Making friends

What do we mean by



“FREE TIME”?

For us, a free afternoon means time for yourself—**you can do whatever you want:** a rest, take a walk, shop, explore the surrounding area, or indulge in a relaxing SPA experience at Terme di Boario.or just take a walk

We've created an online Travel Guide, packed



with ideas, tips, and fascinating places to visit. It gives useful information including train details and itineraries.

A trip designed to

- Slow the progression,
- Reduce symptoms,
- Reduce fear, anxiety and apathy
- Improve your quality of life.
- An opportunity to rediscover energy, serenity, and making new friends.



The latest therapy plus activities and guidance in a stress free environment.
"A Holiday with therapy" to reduce symptoms and slow the disease.

A perfect trip for local, national, or international associations.

Backed by



Trip duration

8 days / 7 nights

We recommend arriving and departing on Sunday. The program concludes on Saturday evening with a closing dinner.

Prices

For groups of at least 20 people. All inclusive except flight and extra drinks. (Includes therapy, all excursions, all meals and Hotel)



- ❖ **People with Parkinsons (PP): €1250**
- ❖ **Caregiver, friends and family (CG): €990**

✓ Prices include everything specified in the program (from arrival at Bergamo Airport, or Brescia Train Station, to departure).

✓ Program valid from

February 1st 2026 to 30th November 30th 2027.



Supplements

- ✓ Supplement of €15 pp for transfers from Milan Train Station, Milan Linate or Malpensa , or Verona Airports.
- ✓ Single room supplement 90 Euro pppw
- ✓ Adapted room supp (if available) 140 Euro pppw
- ✓ Supplement High season June-August 80 € pppw

NOTE Price does not include: airfare, medical and travel insurance. Extra drinks

Discounts

- ✓ Recognized Parkinson's Associations: -10%
- ✓ Parkinson Europe Members: -10%
- ✓ December and January special offers

Customizations

- ✓ It is possible to modify the program: we will calculate the difference in cost.
- ✓ If you have special diets or requests, please let us know in advance: we will take care of everything.

Legal Notice



This trip is offered on behalf of and in collaboration with a tour operator based in the United Kingdom. The association provides the therapeutic services, while tour operator provides staff and ensures the scheduled activities. The tour operator is responsible for the sale of the tour package, invoicing, and contractual liability related to the trip.

This partnership was established to comply with current regulations regarding the marketing of tour packages by unauthorized entities and to protect your money



Booking details

Please write to eutravelltd@gmail.com

Or to Info@ParkinsonTherapy.com

Or call our main office

+39 340 4996980 (you can call using Whatsapp)

IMPORTANT - Please give info in e mail.

- ✓ Name of group,
- ✓ Number of people PP, number of CG's
- ✓ IF possible a rooming list, and requested dates
- ✓ Your contact details.



EUROPEAN PARKINSON
Therapy Centre

European advanced therapy centre using 4
pillars protocol and changing lives and giving
back hope and self confidence
www.ParkinsonTherapy.com

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